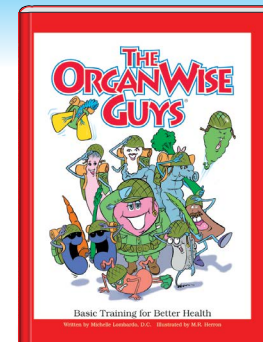




Basic Training for Better Health - (See 6 Session Lesson Plan for Details) EFNEP/SNAP-ED

Evaluation Survey Content Correlation Chart



To assist our nutrition education partners who use the national EFNEP Pre-Post Surveys in their programming, we have correlated each of The OrganWise Guys 6-session, grade-specific lessons to the evaluation survey. Below see the specific details for Basic Training for Better Health.

Survey Question(s)	The OrganWise Guys (3rd Grade) Basic Training for Better Health 3rd-5th Grade EFNEP Pre-Post Survey	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6
1	Reduce use of fruit drinks or sports drinks/Promote water	X	X	X		X	X
2	Reduce use of soda or pop/ Promote water	X	X	X		X	X
3, 4 & 6	Vegetable(s) education/promotion Increase consumption	X		X	X	X	X
5	Fruit(s) education/promotion Increase consumption	X		X	X	X	X
7	Try new foods Note: Foods of the Month (FoM)	X FoM	X FoM	X Lesson/FoM	X Lesson/FoM	X Lesson/FoM	X Lesson/FoM
8	Read Nutrition Facts labels			X		X	
9	Wash fruits & veggies before eating				X (discussion)		
10	Put cold foods in fridge after use			X			
11	Wash hands before eating	X				X	
12 & 13	Physical activity promotion/education	X	X	X		X	X
12 & 13	Physical activity during lesson	X Cadence	X WISERCISE	X WISERCISE	X WISERCISE	X WISERCISE	X WISERCISE
14	Reduce screen time outside of school		X				X