

THE ORGANWISE GUYS®

Evidence-Based Childhood Obesity Prevention Programming

Proven to Improve Children's Health and Academic Performance!

Astounding Health AND Academic Outcomes!

Results published in:
Journal of the American Dietetic Association (Journal of the Academy of Nutrition and Dietetics)
Journal of American Public Health
Journal of Healthcare for the Poor and Underserved

the OrganWise Guys

The Gold Standard: Reducing BMI Percentiles in Children

Published in the Journal of the American Dietetic Association
 (Journal of the Academy of Nutrition and Dietetics)

Hollar D, Messiah SE, Lopez-Mitnik G, Almon M, Hollar TL, Agatston AS. Effect of a school-based obesity prevention intervention on weight and blood pressure in 6-13 year olds. *Journal of the American Dietetic Association*, 2010;110(2), 261-267.

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Lowers Blood Pressure in Children

Published in the Journal of the American Dietetic Association
 (Journal of the Academy of Nutrition and Dietetics)

Hollar D, Messiah SE, Lopez-Mitnik G, Almon M, Hollar TL, Agatston AS. Effect of a school-based obesity prevention intervention on weight and blood pressure in 6-13 year olds. *Journal of the American Dietetic Association*, 2010;110(2), 261-267.

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Improves Math and Reading Scores
 No other program has achieved these results!

Academic Test Score	Treatment	Pre-Intervention (Pre-OrganWise)	Post-Intervention (2 Years/Post-OrganWise)	P-Value
FCAT- Math	Intervention	285.6	307.9	0.001
	Control	279.2	276.2	
FCAT- Reading	Intervention	286.7	292.4	0.08
	Control	282.9	281.7	

Published in the American Journal of Public Health

Hollar D, Messiah SE, Lopez-Mitnik G, Almon M, Hollar TL, Agatston AS. Effect of an elementary school based obesity prevention intervention on weight and academic performance among low income children. *American Journal of Public Health*. 2010;100:446-453.

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University of Mississippi
CERE
 Center for Research Evaluation

Figure 2. 2018-2019 (Pre-K) MKAS
 Pre-K students at Sunflower County OWG schools in 2018-2019 showed significantly greater gains than those in non-OWG schools (p<0.001).

Grades 3-5
 In addition to the above findings for students in Pre-K and Kindergarten, CERE also examined literacy performance among students in Grades 3, 4 and 5, comparing scores at The OrganWise Guys schools to those in non-OrganWise Guys schools. Findings tentatively suggest that OrganWise Guys may have had an effect on literacy scores within these grades in Sunflower County. **Students at OrganWise Guys schools in Sunflower County performed significantly better on literacy tests during the two years schools received The OrganWise Guys program.**
 Given that the analyses relied on publicly reported data at the school level, it is difficult to confidently say that the differences observed in Sunflower County can be attributed to The

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SNAP-Ed Connection News

SNAP-Ed TOOLKIT
 Obesity Prevention Interventions and Evaluation Framework

The following interventions will be added to the SNAP-Ed Toolkit by September 2019.

Intervention Name

The OrganWise Guys Program

(As a Research-Tested Program)

the OrganWise Guys

The OrganWise Guys Comprehensive School Program was part of the only published longitudinal (multi-year) school-based study to show **statistically significantly greater improvements in weight, blood pressure, and waist circumference measures, as well as higher standardized test scores**, of children in program schools as compared to children who were not.