**Activity Book Page Completion Tips**
Read through the activity book and find how it fits into your existing curriculum. Then, assign activity book pages throughout the year for morning work, classwork, and homework.

**Read Undercover Diabetes Health Agents**

**Complete Companion Activity Book Pages:**
- Page 2
- Page 3
- Page 4
- Page 5
- Page 6
- Page 7
- Page 8
- Page 9
- Page 10
- Page 11
- Page 12
- Page 13
- Page 14
- Page 15
- Page 16
- Page 17
- Page 18
- Page 19
- Page 20

**WISERCISE! 3rd – 5th Grade Edition:**
Try to complete WISERCISE! every day!

Check the box when you complete WISERCISE! three times each week, each month:
- September
- October
- November
- December
- January
- February
- March
- April
- May

**OrganWise Guy/Gal:**
Use your OrganWise Gal and Guy all year long!
Download a lesson plan for the doll at: [http://organwiseguys.com/lessonplans](http://organwiseguys.com/lessonplans)

Check the box each month you use OWG Gal/Guy:
- September
- October
- November
- December
- January
- February
- March
- April
- May
The OrganWise Guys Multimedia:

Check off the DVDs as you show them to your students. Download lesson plans for the DVDs at http://organwiseguys.com/lessonplans

- Gimme Five
- Calci’s Big Race
- Breakfast Skippin’ Blues
- Extreme Couch Potato
- Fiber Fandango
- Pepto’s Party Portions
- Farmer’s Market Fresh
- H20hmmm!

- Keepin’ the Beat
- OWG “Shorts”

Access the OWG Shorts online at http://organwiseguys.com/shorts

OrganWise-ology CD-Rom

- Remember to use your computer games CD!

The OrganWise Guys Foods of the Month:

Each Month, Access the FoM Website via www.foodsofthemonth.com

- Print & distribute newsletters to parents and staff
- Print & use monthly activity & coloring sheets
- Host food tastings, easy cooking lessons, etc. Have fun!

Check the box each month the Foods of the Month program is utilized:

- September
- October
- November
- December
- January
- February
- March
- April
- May

Visit The OrganWise Guys Kids Club for more free activities! www.organwiseguys.com/kids

Please include below any success stories or feedback that you have: