

LESSON TITLE: ***It's a Teethday Party!***

Grade Level: PreK/Kindergarten

Delivery Mode: Classroom

Time Allotted: 30 minutes

Of Participants: Class size: 10-30

Life Skill: Importance of keeping your teeth clean for health and good breath

Character Focus: Self-responsibility/helping others

Integrated Curriculum Concepts*:

- Language Arts: Active listening, sharing experiences and information, responding
- Science: Introduction to bacteria
- Social Studies: Developing self-help skills

Key Concepts:

- Importance of brushing your teeth at least twice a day
- Making healthy food choices

What you need for the Lesson:

- *It's a Teethday Party!* book
- OrganWise Guy/Gal (*optional: for follow up activities*)
- Heart to Start Companion Activity Book or download the Activities Sheets found beneath the book (*optional: for follow up activities*)

Learning Activities:

- Interactive Follow-up Activities with OrganWise Guy/Gal (*optional*)
- Heart to Start Companion Activity Book or download the Activities Sheets found beneath the book (*optional: for follow up activities*)
- Videos found beneath the Activity Sheets

Getting Ready:

- Read and familiarize yourself with the book.
- Read instructions for follow up activities listed below the lesson plan.

Note to Helper:

- The more animated you make the story and the more genuine your reaction is to how “smart” the students are, the more engaged the students will be.
- Depending on group size, you may wish to have them gather around in a reading area as you read aloud and show illustrations.

* Reminder to check out state specific curriculum standards for this story and all OrganWise Guys materials at <https://organwiseguys.com/curriculum/>.

Lesson Plan:

What you Say:	What you Do:	What Participants Do:
Today, I am going to introduce you to some characters that live inside of you called The OrganWise Guys. They want you to learn how to take care of them so you can live a long, healthy life. Listen carefully because I am going to ask you some questions about the story when we finish reading it.	Start reading book (with ENTHUSIASM!) Prepare to approach the parts in the book where the kids will interact.	Sit quietly and listen until interactive parts of book. Respond and participate as instructed by the teacher.
Once you have completed the book, ask... Who does Hardy ask about the smell coming from Calci? (ANSWER: Miss Brushalot)	Call on students who have raised their hand to answer the question.	Respond and answer questions by raising hand.
What was the bad smell coming from Calci? (ANSWER: bad breath)	Call on students who have raised their hand to answer the question.	Respond and answer questions by raising hand.
What does Miss Brushalot call the little “critters” that could start eating away at Calci’s teeth? (ANSWER: bacteria)	Call on students who have raised their hand to answer the question.	Respond and answer questions by raising hand.
What does Miss Brushalot do to teach Calci and the rest of the class about proper teeth care? (ANSWER: She has a Teethday Party)	Call on students who have raised their hand to answer the question.	Respond and answer questions by raising hand.
When should you brush your teeth every day? (ANSWER: every morning and every night)	Call on students who have raised their hand to answer the question.	Respond and answer questions by raising hand.
What is a “teeth doctor” called? (ANSWER: a dentist)	Call on students who have raised their hand to answer the question.	Respond and answer questions by raising hand.
What else can help prevent bad breath? (ANSWER: eating “teeth-friendly” foods)	Call on students who have raised their hand to answer the question.	Respond and answer questions by raising hand.
What are “teeth-friendly” foods? (ANSWER: apple, yogurt and cheese, etc.)	Call on students who have raised their hand to answer the question.	Respond and answer questions by raising hand.
How many of you have been to the dentist?	Wait for the kids to raise their hand.	Respond and answer questions by raising hand.
What did you get from your dentist when you went for your check up? (ANSWER: varies)	Call on students who have raised their hand to answer the question.	Respond and answer questions by raising hand.

Optional Follow-up Activities:

- Use pgs. 4, 5 and 6 in the companion activity book (*if using companion activity books*) or download the Activities Sheets found beneath the book.
- Watch *Calci's Big Race* in the Bonus Video section. It is a great way to finish up this lesson. (The video is approximately 15 minutes in length.)
- OrganWise Guy/Gal

Interactive Follow-up Activities with OrganWise Guy/Gal:

Activity #1: **Instructions:** Following the lesson, have the students sit in a circle. Use Calci M. Bone from inside OrganWise Guy/Gal for this activity. Toss Calci to one of the students in the circle and have them answer one of the sample questions below. Once they have answered the question, have them toss Calci to another student in the circle to answer the same question. Continue in the same manner until several students have had a chance to answer the question. Continue game with new questions as desired.

Sample questions:

- What color is your toothbrush?
- What color will you choose for your next toothbrush?
- You need your teeth to chew food. What is your favorite fruit to chew?
- What is your favorite vegetable to chew?
- Do you still have all of your baby teeth or have you lost some already?
- Do you remember to brush your teeth by yourself or does someone need to remind you?
- Do you brush your teeth by yourself or does someone help you? Who helps you?

Activity #2: **Instructions:** Following the lesson, have two students come up to the front of the room and remove Hardy and Calci from OrganWise Guy/Gal. Have them role-play a conversation using creative and positive ways to talk about bad breath and how it can be fixed.

What you say:

Just like in the book, Hardy has noticed that Calci M. Bone has been having bad breath lately. Act out a conversation where Hardy is teaching Calci about bad breath and what she needs to do in order to prevent it. You must do this in a positive way so as not to hurt Calci's feelings.