

LESSON TITLE: *The Heart of a Winner*

Grade Level: PreK/K-2

Delivery Mode: Classroom or other group setting

Time Allotted: 20-25 minutes

Of Participants: Class size: 10-30

Life Skill: Helping others in need, empathy

Character Focus: Self-esteem and self-responsibility

Integrated Curriculum Concepts:

- Language Arts: Active listening, responding, increased vocabulary
- Science: Unifying concepts and processes as well as names of organs
- Social Studies: Developing self-help skills

Key Concepts:

- Emotional Health

What you need for the Lesson:

- *The Heart of a Winner*
- Hardy Heart Beanie (from OrganWise Gal/Guy, *optional*)
- Companion Activity Book or download the Activities Sheets found beneath the book.

Getting Ready:

- Read and familiarize yourself with the book.

Note to Helper:

- The more animated you make the story and the more genuine your reaction is to how “smart” the students are, the more engaged the students will be.
- Depending on group size, you may wish to have them gather around in a reading area as you read aloud and show illustrations.

* Reminder to check out state specific curriculum standards for this story and all OrganWise Guys materials at <https://organwiseguys.com/curriculum/>.

Lesson Plan:

What you Say:	What you Do:	What Participants Do:
Today we are going to talk about how we can make others feel comfortable in a new place.	Have Hardy Heart out as you read the story.	Sit quietly and listen until interactive parts of book.
Why were Autumn and Alex new students? (ANSWER: They lost their home and belongings in a big storm.)	Call on students who have raised their hands to answer the question.	Respond and answer questions by raising hands.
How do Autumn and Alex feel when they come into the new classroom? What kinds of feelings are they having? Remember these are all normal responses and there are no “wrong” feelings. It is always good to talk about your feelings with people who are there to help you.	Call on students who have raised their hands to answer the question.	Respond and answer questions by raising hands.
What does Sir Rebrum tell Hardy Heart to do when Autumn starts crying? (ANSWER: He comforts her & lets her talk.)	Call on students who have raised their hands to answer the question.	Respond and answer questions by raising hands.
What do The OrganWise Guys invite Autumn and Alex to do after school? (ANSWER: Play baseball.)	Call on students who have raised their hands to answer the question.	Respond and answer questions by raising hands.
What do the OWG make for Autumn and Alex to help them feel comfortable? (ANSWER: “OWG Welcome Kits!”)	Call on students who have raised their hands to answer the question.	Respond and answer questions by raising hands.
What does Hardy create to make sure they know how brave they are? (ANSWER: He creates a special song.)	Call on students who have raised their hands to answer the question.	Respond and answer questions by raising hands.
Finish this sentence altogether: Everyone in the group has a heart of a _____! (ANSWER: Winner)	Tell them to finish the sentence as a group.	Respond to the question as a group.
Has anyone ever been a new student? If yes, how did it make you feel? What did people do to make you feel more comfortable?	Call on students who have raised their hands to answer the question.	Respond and answer questions by raising hands.

Optional Follow-up Activities:

- Use pgs. 11 and 12 in the Companion Activity Book or download the Activities Sheets found beneath the book.