



## The OrganWise Guys Master List of Publications and Speaking

### Book Chapters

1. Lombardo M, Hollar D, Hollar TL, McNamara K (2010, 2<sup>nd</sup> Edition 2019). Global View on Childhood Obesity: Current Status, Consequences and Prevention. Debasis Bagchi Editor-in-Chief. Chapter 27: Schools as \*Laboratories\* for Obesity Prevention: Proven Effective Models. Elsevier, St. Louis, MO.
2. Hollar D, Messiah SE, Lopez-Mitnik G, Hollar TL, Lombardo M (2010). Global View on Childhood Obesity: Current Status, Consequences and Prevention. Debasis Bagchi Editor-in-Chief. Chapter 32: School-Based Obesity Prevention Interventions Show Promising Improvements in the Health and Academic Achievements among Ethnically-Diverse Young Children. Elsevier, St. Louis, MO.

### Journal Articles

1. Hollar D, Lombardo M, Hollar T, Agatston, Messiah SE. Effective Multilevel, Multi-sector, School-based Obesity Prevention Programming improves Weight, Blood Pressure, and Academic Performance, Especially among Low Income, Minority Children. *Journal of Healthcare for the Poor and Underserved* 2010 May;21(2 Suppl):93-108. PMID: 20453379
2. Hollar D, Messiah SE, Lopez-Mitnik G, Hollar TL, Agatston AS. Effect of a School-Based Obesity Prevention Intervention on Weight and Blood Pressure in 6-13 Year Olds. *Journal of the American Dietetic Association* 2010 Feb;110(2):261-7. PMID: 20102854
3. Hollar D, Messiah SE, Lopez-Mitnik G, Hollar T, Agatston A. Effect of an Elementary School-Based Obesity Prevention Intervention on Change in Body Mass Index Percentile and Academic Performance in Low Income Children *American Journal of Public Health* 2010 Apr;100(4):646-53. PMID: 20167892

### Abstracts

1. Hollar D, Heitz C, Zhou W. More Young Children in an Obesity Prevention Intervention on MS and LA Head Start Centers Improve/Maintain BMI Percentile and Waist Circumference Compared to Nonparticipants. *Circulation* 2015. 131; suppl (1): MP30.
2. Hollar D, Heitz C, Lombardo M. Healthy Clinics, Healthy Kids – Lifestyle Intervention on Cardiometabolic Disease Prevention in Pediatric Clinical Settings. *Circulation* 2014; 129; suppl (1): P371.
3. Hollar D, Lopez-Mitnik G, Hollar L, Messiah S. Elementary school-based obesity prevention intervention effect on waist circumference among multiethnic 6-13 year olds. *Arch Dis Child* 2012;97:A410
4. Hollar D, Lopez-Mitnik G, Hollar TL, Agatston AS, Messiah SE. Elementary School-Based Obesity Prevention Intervention Effect on Waist Circumference Among Multiethnic 6-13 Year Olds. *Canadian J of Diabetes* 2010; 35(2):252:107.
5. Hollar D, Messiah SE, Lopez-Mitnik G, Hollar TL, Agatston AS. Elementary-aged Children Lose Weight and Blood Pressure Improvements (achieved During School Year) During Summer Vacation. *Circulation* 2009; 119(10):19.
6. Hollar D, Messiah SE, Lopez-Mitnik G, Hollar TL, Agatston AS. Effect of an Elementary School-Based Obesity Prevention Intervention on Weight and Academic Performance in Low Income Children. *Obesity* 2008, 16;suppl (1): S57

### **Professional Speaking Activities**

1. Lombardo, M (2023, April) Delivering Academically-linked Nutrition and Healthy Living Content using Online Technology, Tennessee Coordinated School Health Conference
2. Lombardo, M (2022, May) Empowering Communities to be Healthy Smart from the Inside Out!, 1890s Community Nutrition Education Multi-State Conference (virtual conference)
3. Lombardo, M (2021, July) Delivering academically-linked nutrition and healthy living content using online technology, American School Health Association (virtual conference)
4. Lombardo, M (2021, June) Using Online Learning to Safely and Cost-Effectively Disseminate Nutrition, Physical Activity and Healthy Living Content to Children and their Families, 7th International Conference of Physical Education & Sports Science, Jakarta, Indonesia (virtual conference)
5. Lombardo, M (2021, May) Delivering evidence-based nutrition, physical activity and healthy living content using online technology to reach vulnerable populations, 1890s Multi-State Conference
6. Lombardo, M (2021, March) Delivering academically-linked nutrition, physical activity and healthy living content using online technology, TN DOE Coordinated School Health Institute (virtual conference)
7. Lombardo, M (2021, February) Delivering evidence-based nutrition, physical activity and healthy living content using online technology to reach vulnerable populations, ASSNA virtual conference
8. Lombardo, M (2020, November) Delivering academically-linked nutrition, physical activity and healthy living content using online technology, Rural Health Association of Tennessee (virtual conference)
9. Lombardo, M (2020, January) Evidence-based, curriculum linked nutrition and physical activity education programming Poster Presentation, Association of SNAP Nutrition Education Administrators
10. Lombardo, M (2020, January) Using Technology to Cost-Effectively Disseminate and Assess Nutrition, Physical Activity and Healthy Living Content to Children Throughout Diverse Communities, Sao Paulo Health and Wellness Forum, Sao Paulo, Brazil
11. Lombardo, M (2019, December) Young Children Can Develop Lifelong Healthy Habits! ChildPlus Training Scramble, Atlanta, GA
12. Lombardo, M (2019, November) Creating Healthy Habits for Peak Performance Using a Science-based, Child-friendly Approach, SEAGSC 2019 and APCESS 2019 Manila, Philippines
13. Lombardo, M (2019, October) Food Banks as Leaders for Communitywide Obesity Prevention for Children and Families, 13<sup>th</sup> Annual Southern Obesity Summit, Oklahoma City, OK
14. Lombardo, M (2019, October) Setting Young Children Up for Success by Creating Healthy Habits Early!, Child and Adult Care Food Program, Palm Springs, CA
15. Lombardo, M (2019, October) Latest Updates on Healthy Eating and a Look at What's Really Making Us Fatter!, Child and Adult Care Food Program, Palm Springs, CA
16. Lombardo, M (2019, October) Integrating Healthy Habits into the School Day is Prevention at its Best, 2019 Joint SASMA and BRICSCESS, Cape Town, South Africa
17. Lombardo, M (2019, September) Highlights from a Community-Wide Replicable, Proven Project that Promoted Nutrition, Physical Activity and Healthy Living for Children and Caregivers Using Easy-to-Replicate interventions in Schools, Head Starts and other Community-based Organizations, National Extension Association of Family & Consumer Sciences, Hershey, PA
18. Lombardo, M (2019, August) Key Note, Simple Steps for a Healthier YOU!, 5<sup>th</sup> Annual NEK-CAP Head Start Conference, Haiawatha, KS
19. Lombardo, M (2019, July) Healthy Habits Make Better Learners! Frog Street SPLASH Conference, Grapevine, TX
20. Lombardo, M (2019, July) Head Start Centers as 'Hubs' of Community-wide Obesity Prevention, 10<sup>th</sup> Biennial Childhood Obesity Conference, Anaheim, California
21. Lombardo, M (2019, June) Groundbreaking Evidence on How Food Choices Impact the Health and Future of Children and Families, Region IV Head Start Association, Atlanta, Georgia
22. Lombardo, M (2019, June) The Impact of Schools as "Hubs" of Healthy Activity on Childhood Obesity, World Congress on Teaching, Learning, and Curriculum in Physical Education for Well-Being, Shanghai, China
23. Lombardo, M (2019, May) Keynote: The Importance of Nutrition and Healthy Living for Child

- Development, Association for Child Development Conference, Lansing, MI
24. Lombardo, M (2019, May) Integrating healthy habits into daily practices for students, staff, and parents, National Head Start Association, San Antonio, TX
  25. Lombardo, M (2019, April) Integrating healthy habits into daily practices for students, staff, and parents, National Head Start Association, San Antonio, TX
  26. Lombardo, M (2019, April) Food Banks as Leaders for Community-wide Obesity Prevention for Children and Families (with Cassandra Guess Mobley, MFN), National CACFP, Chicago, IL
  27. Lombardo, M (2019, April) Organic? Good Fat? Groundbreaking Evidence on How Our Food Choices Impact our Health and our Future, GA Childcare Association, Duluth, GA
  28. Lombardo, M (2019, April) Off to a Healthy Start! The True Value of Early Childhood Wellness Education, Arkansas Head Start Institute, Little Rock, AR
  29. Lombardo, M (2019, April) Preventing Childhood Obesity through WATCH, Tribal Public Health Conference, Tulsa, OK
  30. Lombardo, M (2019, March) Healthy Communities are Thriving Communities! University of Arkansas Galaxy Conference, Bismarck, AR
  31. McNamara, K (2019, February) Off to a Healthy Start! The True Value of Early Childhood Wellness Education, Region IV Head Start Association, Atlanta, GA
  32. Lombardo, M (2018, December) Creating Healthy Habits for Peak Performance Using a Science-based, Child-friendly Approach, International Conference of Physical Activity and Sports Sciences, (ICPESS) Cappadocia, Turkey
  33. Lombardo, M (2018, November) Schools and Early Childhood Centers as Hubs for Community-wide Nutrition Education Programming, Rural Health Association of TN, Pigeon Forge, TN
  34. Lombardo, M (2018, November) MS School Nutrition Association
  35. Lombardo, M (2018, October) Keynote Address on WKKF Early Childhood Results: Georgia Nutritional Services, Conyers, GA
  36. McNamara, K (2018, October) How Libraries Can Take the Lead in Childhood Obesity Prevention Programming, MS Library Association Annual Conference, Meridian, MS
  37. Lombardo, M (2018, October) Building a Healthy Foundation from the Start Using an Innovative Approach, CACFP CCFP Anaheim, CA
  38. Lombardo, M (2018, September) Results and Best Practices from a Groundbreaking Childhood Obesity Prevention Program, Association of Child Development Fall Conference, Chicago, IL
  39. Lombardo, M (2018, September) Infusing Wellness Throughout Your Community, NEAFCS Annual Conference, San Antonio, TX
  40. Lombardo, M (2018, September) Bringing Nutrition Education to Life for Young Children, Families and YOU! Gather and Grow Providers Choice Annual Conference, Eden Prairie, MN
  41. Lombardo, M (2018, August) Empowering Student, Staff & Parent to Take Charge of their Health using FUN Evidence-Based Approach. CACFP Our Daily Bread Conference, Knoxville, TN
  42. Lombardo, M (2018, August) Effective Approaches to Oral Health using The OrganWise Guys, MS Oral Health Community Alliance, Madison, MS
  43. McNamara, K (2018, July) Empowering Children, Staff and Parents to Take Charge of their Health Using a FUN, proven approach! Region VI Head Start Institute, New Orleans, LA
  44. Lombardo, M (2018, June) Integrating STEM Education with Nutrition and Physical Activity for a Smart and Healthy Start, Region IV Head Start Leadership Summit, Atlanta, GA
  45. Lombardo, M (2018, April) Head Start as Leaders of Healthy Living, National Child Nutrition Conference, San Antonio, TX.
  46. McNamara, K (2018, April) Empowering Students, Staff and Parents to Take Charge of Their Health Using a FUN, Evidence-based Approach, California Head Start Association Health Institute, Costa Mesa, CA.
  47. Lombardo, M (2018, April) Creating a Seamless Culture of Well-being Throughout the School Environment, 2018 Tennessee Coordinated School Health Institute, Nashville, TN.
  48. Lombardo, M (2018, March) Optimizing Nutrition Programs and Resources to Support Head Start Children's Health and Wellness, Mississippi Head Start Association's 2018 Annual Spring Conference, Biloxi, MS.

49. Lombardo, M (2018, March) Mississippi Head Start Centers Taking the Lead in Making Healthy Living Fun for Children and Educators, Mississippi Head Start Association's 2018 Annual Spring Conference, Biloxi, MS.
50. Lombardo, M (2018, February) Combining Health Equity and Literacy Outcomes with an Evidence-based Childhood Obesity Prevention Program, 2018 Communities Joined in Action (CJA) National Conference, Atlanta, GA.
51. Lombardo, M (2018, February) Does Eating Fat Really Make You Fat? Opening Minds 2018-Early Childhood Education Conference, Chicago, IL.
52. Lombardo, M (2018, February) Choosing Organic. Groundbreaking Evidence on How We Can Take Back our Health and our Future, Opening Minds 2018-Early Childhood Education Conference, Chicago, IL.
53. Lombardo, M (2018, February) Empowering Kids to be Healthy and Smart from The Inside Out! Results and Best Practice from a Childhood Obesity Prevention Program with Head Start Children, Opening Minds 2018-Early Childhood Education Conference, Chicago, IL.
54. McNamara, K (2018, February) Results and Best Practices from a Groundbreaking Childhood Obesity Prevention Program with Head Start Children, California Head Start Association Annual Conference, Costa Mesa, CA.
55. Lombardo, M (2017, December) Results from a Successful Early Childhood Obesity Prevention Program, Florida Association for the Education of Young Children (FLAEYC) 2017 Annual Conference, Orlando, FL.
56. Lombardo, M (2017, November) Evidence-Based Obesity Prevention Programming for Schools, Illinois Association for Health, Physical Education, Recreation & Dance (IAHPERD) 2017 Annual Convention, St. Charles, IL.
57. Lombardo, M. (2017, November) Evidence-based Healthy Equity Programming in Mississippi to Reduce Obesity Rates with Children ages 2-10, Healthy Cincinnati Coalition, Cincinnati, OH.
58. Lombardo, M. (2017, October) Evidence-based Health Equity Programming in Mississippi to Reduce Obesity Rates with Children ages 2-10. Mississippi Head Start Association Fall Conference, Starkville, MS.
59. Lombardo, M. (2017, October) Combatting Childhood Obesity Using an Evidence-based, FUN, Community-wide Approach, 2017 National Extension Association of Family & Consumer Sciences Annual Session, Omaha, NE.
60. Lombardo, M. (2017, October) Elementary Schools as "Hubs" of community-wide Obesity Prevention Activities in Six States, 2017 American School Health Association Annual Conference, St. Louis, MO.
61. Lombardo, M. (2017, September) Results from A Childhood Obesity Prevention Program with Head Start Children, 2017 Region IV Head Start Association, Atlanta, GA.
62. McNamara, K. (2017, August) Results and Best Practice from a Childhood Obesity Prevention Program with Head Start Children, 2017 Region 6/Arkansas Head Start Institute, Little Rock, AR.
63. Lombardo, M. (2017, July) Evidence-based Health Equity Programming in Mississippi to Reduce Obesity Rates with Children ages 2-10. Mississippi Head Start Association Early Childhood Education Conference, Biloxi, MS.
64. Lombardo, M. (2017, July) Schools as "Hubs" of Evidence-based Nutrition and Physical Activity Partnerships. Virginia Health & Physical Activity Conference, Harrisonburg, VA.
65. McNamara, K (2017, June) Evidence-based Healthy Equity Programming in Mississippi to Reduce Obesity Rates with Children ages 2-10, 2017 healthy Schools Summer Academy, Boca Raton, FL.
66. Lombardo, M. (2017, June) Results and Best Practice from a Childhood Obesity Prevention Program with Head Start Children, 2017 Region 4 Head Start Leadership Conference, Atlanta, GA.
67. Lombardo, M. (2017, June) Results and Best Practice from a Childhood Obesity Prevention Program with Head Start Children, 2017 Region 7 Head Start Leadership Conference, Overland, KS.
68. Lombardo, M. (2017, May) Creating A Healthy School Environment from Classroom To Cafeteria, Florida Foundation for School Health 2017 Annual Training and Conference, Orlando, FL.
69. Lombardo, M. (2017, May) Engaging the Entire Community Around Health – On Any Budget!, Tennessee Coordinated School Health Conference, Murfreesboro, TN.

70. Lombardo, M. (2017, May) Does Eating Fat Really Make You Fat? Tennessee Coordinated School Health Conference, Murfreesboro, TN.
71. Lombardo, M. (2017, April) Keynote Topic: Best Practices of Evidence-Based Childhood Obesity Prevention Programming Across the US, California Head Start Association Health Institute, San Diego, CA.
72. Lombardo, M. (2017, February) Schools as “Hubs” of Evidence-based Nutrition and Physical Activity Partnerships. Georgia Department of Education, Athens, GA
73. Lombardo, M. (2017, February) Schools as “Hubs” of Evidence-based Nutrition and Physical Activity Partnerships. Georgia Department of Education, Cordell, GA
74. Lombardo, M. (2017, February) Early Childhood Centers Can Be Leaders in Obesity Prevention Interventions Including Menu Changes, Nutrition and Health Education, and Daily Exercise. MECA Mississippi Early Childhood Alliance Conference, Jackson, MS
75. Lombardo, M. (2017, February) Schools as “Hubs” of Evidence-based Nutrition and Physical Activity Partnerships. Communities Joined in Action Conference, San Antonio, TX
76. Lombardo, M. (2017, January) Results and Best Practice from a Childhood Obesity Prevention Program with Head Start Children. California Head Start Association Education Conference, Sacramento, CA
77. Lombardo, M. (2016, November) Results and Best Practice from a Childhood Obesity Prevention Program with Head Start Children in MS and LA. 9<sup>th</sup> Annual Southern Obesity Summit, Houston, TX.
78. Lombardo, M. (2016, November) Summer Camps Get Healthy with Evidence-based Programming! Georgia Recreation and Park Association Annual Conference, Athens, GA.
79. Lombardo, M. (2016, September) Fun Programming Used in Multiple Settings to Address the Global Issue of Childhood Obesity – The OrganWise Guys Evidence-based Nutrition Education Curriculum, 2016 (NEAFCS) National Extension Association of Family & Consumer Sciences Annual Session, Big Sky, MT.
80. Lombardo, M. (2016, June) Schools as “Hubs” of Evidence-based Nutrition and Physical Activity Partnerships. University of Florida Food and Nutrition Program Annual Session., Ocala, FL.
81. Lombardo, M. (2016, June) Schools as “Hubs” of Evidence-based Nutrition and Physical Activity Partnerships. Florida Education Foundation Healthy Schools Summer Academy, Gainesville, FL.
82. Heitz C. (2016, May) Elementary Schools as “Hubs” of Community-wide Obesity Prevention. Florida School Health Association Annual Conference. Orlando FL.
83. Lombardo, M. (2016, April) Schools as “Hubs” of Evidence-based Nutrition and Physical Activity Partnerships. Florida Blue Sapphire Symposium and Awards, Orlando, FL.
84. Heitz C. (2016, April) Summer Camps Get Healthy with Evidence-based Programming! Georgia Recreation and Parks Association Programmers Network Workshop, Suwanee GA.
85. Lombardo, M. (2016, February) Summer Camps Get Healthy with Evidence-based Programming! Alabama Recreation and Parks Annual Conference, Orange Beach, AL.
86. Lombardo, M. (2015, November) Energizing Out-of-School time with The OrganWise Guys! Georgia Recreation and Park Association Annual Conference, Dalton GA.
87. Heitz C, Hollar D, Hollar H. (2015, November) OPT4Health (Obesity Prevention Texts for Health): A Social Marketing Health Campaign Integrating Text, Web, and Voice Messaging, for Obesity Prevention Efforts in Mississippi and Louisiana. Oral presentation to the American Public Health Association, Chicago IL.
88. Lombardo, M. (2015, June) Schools as “Hubs” of Evidence-base Nutrition and Physical Activity Partnerships. Florida Education Foundation Healthy Schools Summer Academy, Gainesville, FL.
89. Heitz C. (2015, April) Head Start Centers Have Fun while Teaching Young Children to Eat Well and be Physically Active. Florida Head Start Association Annual Conference, Orlando FL.
90. Lombardo M, Hollar D, Heitz C (2014, November) Healthy Clinics, Healthy Kids: A Lifestyle Intervention on Obesity and Cardiometabolic Disease Prevention in Pediatric Clinical Settings. Poster presentation to the American Public Health Association, Chicago IL.
91. Lombardo M, Hollar D, Heitz C (2014, November) Promoting Faith-based Collaborations to Address Obesity Across the Lifespan: HOPE2 Prevention Programming in 35 churches in Jackson, Mississippi. Poster presentation to the American Public Health Association, Chicago IL.

92. Lombardo, M. (2014, October) Creation a Fun, Collaborative Obesity Prevention Program through Strategic Partnerships. NRPA Congress and Exposition, Charlotte, NC.
93. Lombardo, M. (2014, October) Healthy Clinics, Healthy Kids – An Obesity Prevention Lifestyle Intervention in Pediatric Clinical Settings. 8<sup>th</sup> Annual Southern Obesity Summit, Louisville, KY.
94. Lombardo M. (2014, July) Improving Child Health and achievement through Community-wide, Evidence-based Nutrition and Physical Activity Programming. Military Child Education Coalition 16<sup>th</sup> National Training Seminar, Washington, DC.
95. Lombardo M. (2013, August) Nutrition-focused Policy/Curricula Improve Consumption of Nutritious foods and dietetic Practices in Elementary Schools. Society for Nutrition Education (SNEB) Annual Conference, Portland, OR.
96. Lombardo M. (2013, July) Research-based, Extension-led Nutrition Education for Children and their Caregivers: Fun Programming Used in School Settings to Address the Global Issue of Childhood Obesity. BCBSA Care Sourcing Advisory Group Meeting, Chicago, IL.
97. Lombardo M. (2013, June) NRPA: Overview of the Successful Pilot Program of OWG in the Summer Camp Setting. NRPA State Executive Directors Conference, Houston, TX
98. Lombardo M. Hollar D. Heitz C. (2013, February). HOPE2: Elementary Schools as “Hubs” of Community-wide Obesity Prevention Activities in Six States. University of Miami Community Obesity Conference, Miami, FL.
99. Lombardo M. Hollar D. (2012, October). Making a Significant \*Impact\* on Weight Management among Elementary-age Children: School-based Dietetic and Wellness Environmental Policies and Programs Successfully Promote Lifestyle Change. Food and Nutrition Conference & Exposition, American Dietetic Association, Philadelphia, PA.
100. Lombardo M Hollar D. (2012, October). Making a Significant \*Impact\* on Weight Management among Elementary-age Children: School-based Dietetic and Wellness Environmental Policies and Programs Successfully Promote Lifestyle Change. The Obesity Society Annual Conference. San Antonio, TX.
101. Lombardo M (2012, July) Schools Increase Access to Obesity Prevention Programming: Health, Smart Children through AHEC-Led Initiatives. National AHECK Organization Annual Conference, San Antonio, TX.
102. Lombardo M (2012, June). Successful Community –wide Obesity Prevention Programming with Schools as “Hubs” of Childhood Obesity Prevention at Health Occupations Students of America 2012 Health Care Exposition, Orlando, FL.
103. Lombardo M. Hollar D. (2012, May). Schools as Hubs of Childhood Obesity Prevention. National Association of School Nurses, Silver Springs, MD.
104. Lombardo M Hollar D. (2012, April). Schools as Hubs of Childhood Obesity Prevention presentation, and meeting at Healthy Weight Commitment meeting Washington, DC.
105. Lombardo M. Hollar D. (2012, March). Nutrition and Healthy Living Education for Young Children: Evidence-based, and Fun! National Head Start Meeting Nashville, TN.
106. Lombardo M. (2012, March). Schools as Hubs of Childhood Obesity Prevention, Maryland (MDPA) Communicating Childhood Obesity, Silver Springs, MD.
107. Lombardo M. Hollar D. (2012, March). Schools as Hubs of Childhood Obesity Prevention, Network for a Healthy CA Statewide Conference Sacramento, CA.
108. Lombardo M. Hollar D. (2012, February). Schools as Hubs of Childhood Obesity Prevention, Green Schools National Conference Denver, CO.